NUR134 Evidence-Based Practice

Objectives
- Identify characteristics of evidence-based practice articles.
- Locate evidence-based articles using the CINAHL databases.
- Evaluate the articles based on criteria given in class.

What is evidence-based practice?
- Valid and Applicable
- Patient-Reported
- Nurse-Observed
- Research Derived
- Clinical Setting

Valid and Applicable
- Verifies What You Already Know to be True
- Professional
- Long in Length
- Relevant to Your Topic

Patient Reported
Was the research performed on patients?

Nurse-Observed
Were nurses involved in the research or writing of the article?

Research Derived
Look for words like:
- Study
- Background
- Methods
- Sample
- Results
- Conclusion
- Charts, graphs and tables
- Bibliography

Clinical Setting
Was the research performed where patients are treated or examined?

Getting Started
- Define your skill/concept
- Think of alternative search terms
- Search the CINAHL Database for evidence-based articles

Don’t Forget! We are here to help you. Please ask us for assistance. It’s what we do!
Finding Articles for NUR134 Using CINAHL Complete

1. Go to the library website: www.lib.midlandstech.edu
2. Click on Find Databases Alphabetically
3. Select CINAHL Complete
4. Enter your topic in the search box
5. Limit using the following:

   ![Search Options]

Use the criteria listed on page one to evaluate your articles.